
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Refer a new resident!</i> <i>Receive \$300!</i></p>	<p>1</p> 	<p>2</p> <p>Reflect on your journal from May. Continue for the month of June</p>	<p>3</p> 	<p>4</p>  <p>Enjoy the Sun Shine</p>	<p>5</p> 	<p>6</p> <p>Mail a card or write a letter to a friend or family member.</p>
<p>7</p> <p>Make sure you are drinking enough water. Stay Hydrated</p>	<p>8</p> 	<p>9</p> <p>Call a Family Member</p>	<p>10</p> 	<p>11</p>  <p>National Corn on the Cob Day</p>	<p>12</p> <p>Start a new puzzle</p>	<p>13</p>  <p>Enjoy the Sun Shine</p>
<p>14</p> 	<p>15</p> <p>Flag Day Observed Hot Dogs will be served</p>	<p>16</p>  <p>Enjoy the Sun Shine</p>	<p>17</p> 	<p>18</p> <p>Meditate for 15 Minutes</p>	<p>19</p> 	<p>20</p> <p>Go on a News Diet. 30 minutes to an hour a day</p>
<p>21</p> 	<p>22</p>  <p>Enjoy the Sun Shine</p>	<p>23</p> 	<p>24</p> <p>Stretch and Strengthen for 15 minutes. You can do this either by sitting or standing</p>	<p>25</p>  <p>Today is National Bomb Pop Day!</p>	<p>26</p> 	<p>27</p>
<p>28</p> 	<p>29</p>	<p>30</p>  <p>Enjoy the Sun Shine</p>		<p>June Birthdays</p> <p>#116 Nancy L. 6.30</p>	