

JUINE 2 2 20

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Refer a new resident! Receive \$300!	SAY SOMETHING NICE DAY	Reflect on your journal from May. Continue for the month of June	CHOCOLATE MACARON DAY	Enjoy the Sun Shine	5 NATIONAL DAY	6 Mail a card or write a letter to a friend or family member.
Make sure you are drinking enough water. Stay Hydrated	Mational Best Friends Day	Call a Family Member	NATIONAL ICED	National Corn on the Cob Day	Start a new puzzle	Enjoy the Sun Shine
14 FLAG*DAY	Flag Day Observed Hot Dogs will be served	Enjoy the Sun Shine	Eat Your Vegetables Day	Meditate for 15 Minutes	19 Office Flore Day	Go on a News Diet. 30 minutes to an hour a day
HAPPY FATHER'S DAY	Enjoy the Sun Shine	National Day	Stretch and Strengthen for 15 minutes. You can do this either by sitting or standing	Today is National Bomb Pop Day!	national CHOCOLATE PUDDING	27
Home Health Care Inc.	29	Enjoy the Sun Shine	E TOPP	June Birthdays #116 Nancy L. 6.30		Lang Welson