


May 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	#330 Rich R. 5.3 #128 Marilyn C. 5.20 #103 Carol F. 5.24 #210 Charmaine 5.24 #302 Dee W. 5.26 #201 MaryAnn M. 5.26	We hope that you have been staying busy with the seek and finds. Thanks to those who have hung Hearts, drew birds and wrote Haikus. Please continue to take care of yourself.			1 	2 Start a Journal
3 <i>Refer a new resident! Receive \$300!</i>	4 	5 	6  Thank a Nurse Today	7  Say a Prayer for our Nation	8	9
10 	11	12 Call a Family Member	13 	14 Meditate for 15 Minutes	15 <i>May 15 is...</i>  National Chocolate Chip Day	16
17 	18	19  Dinosaur Day May 15	20 Stretch and Strengthen for 15 minutes. You can do this either by sitting or standing	21 	22 Go on a News Diet. 30 minutes to an hour a day	23
24 31	25  Office Closed No Mail	26  NATIONAL PAPER AIRPLANE DAY	27	28 Mail a card or write a letter to a friend or family member.	29  National Paper Clip Day	30