



Our mission is to go above and beyond our customer's expectations, by providing quality living environments that enhance our resident's lives physically, socially, and spiritually.

The Lang Nelson Experience Q4 2016

The Lang Nelson Experience...Live it!

The Experience is an informative insert that celebrates all of the value added services and advantages available to you. We appreciate our residents!

Why be different?



In our continually changing world, one may think that differentiating opinions are the norm, and all should be embraced. While our differences do exist, we know they are not always accepted. This can cause many to conform, as to not want to stir the pot or draw attention. Some may see this as being complacent, or at least easy, whereas Lang Nelson sees it as opportunity.

Lang Nelson staff are asked to meet with their customers to understand what is important to them, and to expectations. Additionally, staff is asked to know the marketplace and build relationships with industry peers. In doing so, we can better understand what the customer desires, and it also allows us to build partnerships.

As one of the most awarded providers of rental housing in the state of Minnesota, Lang Nelson remains committed to doing things differently. This ensures that your experience will not be like that of another. We are dedicated to deliver an increased quality of life, through relationships, activities, outings, and events that create a lifestyle experience, as opposed to simply a place to live.



Our Continuum of Care Program is Thriving!

Lang Nelson continues to support our Residents through the various life changes that they may encounter through their journey. Please join us in welcoming our Continuum of Care Director and registered nurse, Kathy Anderson, to our team. We look forward to her providing the resources necessary for those residents that may need additional health care support or services.

The Purpose of the program is to:

- To enhance our residents lives by providing a continuum of care from people that know you and care about you.



- Keep our residents healthy and happy in their current home.
 - Provide resources and support if there is a change in health or well-being.
 - And to continue to go above and beyond our resident's expectations.
- For more information about this value added program, please see your site manager or email info@lanel.com.

Overcoming Obstacles, Yes We Can!

It is easier to view the glass as half filled or half empty? It is not clear, though viewing the glass as half filled can be much more fun. Plus, it helps elevate the spirits of those around you. Therefore, what can you do to help those around you remain positive, "glass is half filled" people?

Recently, Lang Nelson staff took part in an educational workshop to help those around us be more positive. We began by discussing common obstacles each of us are faced with and dug a little deeper. Is it an obstacle or is it an opportunity?

Do you view the changing seasons to be drab, or do you appreciate the beauty? Do you view your particular situation as a negative hardship, or a new stage of life that will bring new and unpredictable experiences? In essence, each day brings a new set of challenges, though to remain positive about them, suggests that we can overcome nearly any obstacle we are faced with. More importantly, in doing so, we can help our neighbors live a more fruitful life.





The Lang Nelson Experience... Live it!

Never forget! Help Lang Nelson celebrate our Veterans

"In the aftermath, we are because they were." RJ Heller

Although our nation pauses November 11th, to celebrate those who have served our country proud, Lang Nelson wants to give an extra special thank you to all of our great veterans, by hosting a special Veterans Celebration. Visit a Lang Nelson community or visit LangNelson.com for more information.



SONG OF FREEDOM

**This is our America
we'll love her to the end-
with the courage of our forefathers
our country we'll defend
Our freedom wasn't really free,
the price was paid by all
who fought the battles long and hard
so our country wouldn't fall
In New York Harbor, torch held high
stands the Statue of Liberty-
a symbol of hope to the homeless throngs
saying "welcome to the Land of the Free"
People have come from around the globe
since this country was first begun
people of every color and creed
to live and work as one
There's no room for hate or prejudice
if this country is to stand;
to keep a free democracy
we need every helping hand
So keep America beautiful
on her face and from within
so our flag can proudly wave and say
"WE HAVE THE WILL TO WIN"**

*Written by: Elaine J. Nordeen Stoeckel, (2001)
Resident of The Legacy of St. Anthony*

Let Lang Nelson be one of the first to wish you Happy Holidays!



As many of us are still coming to grips with the fact that summer is over, the last thing we want to do is begin to contemplate the Holidays. On the other hand, proper planning prevents poor performance, or so you've

maybe heard. Additionally, the holidays can be a very difficult time for many, struggling with loss, change, or simply suffering from the winter blues. Therefore, please take a moment to consider some of the following helpful tips, as you prepare to make this holiday season the absolute very best.

- Have I scheduled to get my flu shot?
- Do I know someone who may be spending the holidays alone for the first time?
- Have I thanked those important to me?
- Have I created a holiday budget?
- Have I considered visiting someone in need of a smile?
- Have I reached out to an old friend?
- Am I willing to volunteer time?
- Have I shared a favorite holiday story or memory with a friend?
- Have I made time for family?
- Have I made time for myself?
- Can I send a thank you card to someone special?
- Am I eating healthy?
- Can I share a favorite holiday recipe?
- Have I listed all the things I am grateful for?



Lang Nelson Service Commitments:

- We promise to exceed your expectations in every interaction
- We promise to build relationships that positively impact our community and company
- We promise to create memorable experiences

www.facebook.com/langnelson