

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
Dates Written in Blue Require Sign-up Through The Office	Dates Written in Red Are New Autumn Woods Activities	10:00 Stretch "A-3" 1:00 Cards-Euchre "B" <i>Random Acts of Kindness Day</i>	9:30 Water Aerobic's (Pool) 1:00 Hand & Foot "B" 2:00 Mexican train Domino's "B" 	9:30 Water Aerobic's (Pool) 9:00 Grocery Bus-Cub Silver Lake Rd 1:00 Cards-500 "B" 6:30 Bingo "A-1"	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C"	4:15 Church Bus St. Charles-5:00 Mass 6:00 Arts/Crafts & Wine "C" Community Rm
6	7	8	9	10	11	12
2:00 Outdoor Yard Games 	9:30 Water Aerobic's (Pool)  OFFICE CLOSED	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 10:45 Resident Meeting "B" 1:00 Cards-Euchre "B" 5:00 Happy Hour Social "C"	9:30 Water Aerobic's (Pool) 10:00 T'ai Chi Chih "B" 12:00 Chat & Chowder "B" 2:00 Mahjong "B" 5:30 Movie Night "A-3" <i>Random Acts of Kindness Day</i>	9:30 Water Aerobic's (Pool) 9:00 Grocery Bus-Aldi's Roseville 1:00 Cards-500 "B" 6:30 Bingo "A-1"	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C" 	2:00 Walking Club Northeast Diagnol Trail 4:15 Church Bus St. Charles-5:00 Mass
13	14	15	16	17	18	19
2:00 Outdoor Yard Games 	9:30 Water Aerobic's (Pool) 10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C"	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cards-Euchre "B" 5:00 Dinner Out Baker's Square Bus Pick Up All Bldgs	9:30 Water Aerobic's (Pool) 1:00 Hand & Foot "B" 2:00 Mexican train Domino's "B" Fox Rehab "A-3" Music with Jake & BBQ 4:30-6:00 "Courtyard"	9:30 Water Aerobic's (Pool) 9:00 Grocery Bus-Cub Silver Lake Rd 2:00 Crafty Crafters "A-2" 6:30 Bingo "A-1" 	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cribbage "B" 3:30 Sing-A-Long "A" 7:00 Board Game Night "C" <i>Random Acts of Kindness Day</i>	4:15 Church Bus St. Charles-5:00 Mass 6:00 Arts/Crafts & Wine "C" Community Rm 
20	21	22	23	24	25	26
2:00 Outdoor Yard Games 5:00 Pot Luck "B" 	9:30 Water Aerobic's (Pool) 10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C"	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cards-Euchre "B" 	9:30 Water Aerobic's (Pool) 10:00 T'ai Chi Chih "B" 12:00 Chat & Chowder "B" 2:00 Mahjong "B" 5:30 Movie Night "A-3"	9:30 Water Aerobic's (Pool) 9:00 Grocery Bus-Aldi's Roseville 1:00 Cards-500 "B" 6:30 Bingo "A-1" <i>Random Acts of Kindness Day</i>	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cribbage "B" 1:15 Flu Shot Clinic - Community Room A 7:00 Board Game Night "C" 	2:00 Walking Club Northeast Diagnol Trail 4:15 Church Bus St. Charles-5:00 Mass
27	28	29	30			
2:00 Outdoor Yard Games 	9:30 Water Aerobic's (Pool) 10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C" <i>Random Acts of Kindness Day</i>	9:30 Water Aerobic's (Pool) 10:00 Stretch "A-3" 1:00 Cards-Euchre "B" 	9:30 Water Aerobic's (Pool) Trip to Stillwater 10:00-1:00 Bus pick up all bldgs 10:00	 Testimonial... Valerie C. I Love living at Autumn Woods! Friendly and helpful staff, great apartment upkeep. It's a very safe and friendly environment!		