

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
 Testimonial...Ellie W. <i>T'ai Chi Chih is gentle and it is easy to learn. It has a positive effect on muscle strength, flexibility & balance.</i> <i>I am so excited to have it available at Autumn Woods!</i>	Dates Written in Red Are New Autumn Woods Activities Dates Written in Blue Require Sign-up Through The Office			9:00 Grocery Bus-Cub Silver Lake Rd 1:00 Cards-500 "B" 6:30 Bingo "A-1" <i>Random Acts of Kindness Day</i>	10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C" 	4:15 Church Bus St. Charles-5:00 Mass 6:00 Arts/Crafts & Wine "C" Community Rm
	4	5	6	7	8	10
2:00 Outdoor Yard Games 	10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C" Amada "Fall Prevention" 11:00 "B"	10:00 Stretch "A-3" 1:00 Cards-Euchre "B"	1:00 Hand & Foot "B" 2:00 Mexican train Domino's "B"  <i>Random Acts of Kindness Day</i>	9:00 Grocery Bus-Aldi's Roseville 1:00 Cards-500 "B" 6:30 Bingo "A-1"	10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C"	2:00 Walking Club Northeast Diagnol Trail 4:15 Church Bus St. Charles-5:00 Mass
11	12	13	14	15	16	17
2:00 Outdoor Yard Games 	10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C" OFFICE CLOSED	10:00 Stretch "A-3" 10:45 Resident Meeting "B" 1:00 Cards-Euchre "B" 5:00 Happy Hour Social "C"	10:00 T'ai Chi Chih "B" 12:00 Chat & Chowder "B" 2:00 Mahjong "B" 5:30 Movie Night "A-3"	9:00 Grocery Bus-Cub Silver Lake Rd Cards-500 "B" 2:00 Crafty Crafters "A-2" Bingo "A-1" Spooky Spud Night 4:30-6:00 "B" 	10:00 Stretch "A-3" 1:00 Cribbage "B" 3:30 Sing-A-Long "C" 7:00 Board Game Night "C" <i>Random Acts of Kindness Day</i>	4:15 Church Bus St. Charles-5:00 Mass 6:00 Arts/Crafts & Wine "C" Community Rm 
18	19	20	21	22	23	24
2:00 Outdoor Yard Games 5:00 Pot Luck "B" 	10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C" <i>Random Acts of Kindness Day</i>	10:00 Stretch "A-3" 11:30 Lunch Out "Qcumber" Bus Pick Up All Bldgs 1:00 Cards-Euchre "B"	1:00 Hand & Foot "B" 2:00 Mexican train Domino's "B" Fox Rehab "A-3"	9:00 Grocery Bus-Aldi's Roseville 1:00 Cards-500 "B" 6:30 Bingo "A-1"	10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C"	2:00 Walking Club Northeast Diagnol Trail 4:15 Church Bus St. Charles-5:00 Mass Craft Sale 10:00-2:00 "B" 
25	26	27	28	29	30	31
2:00 Outdoor Yard Games 	10:30 Bible Study "A-1" 1:00 Wii Bowling "A-3" 2:30 Dabble & Babble-Art "B" 6:00 Bridge "A-1" 7:00 Board Game Night "C"	10:00 Stretch "A-3" 1:00 Cards-Euchre "B"  <i>Random Acts of Kindness Day</i>	10:00 T'ai Chi Chih "B" 12:00 Chat & Chowder "B" 2:00 Mahjong "B" 5:30 Movie Night "A-3"	9:00 Grocery Bus-Cub Silver Lake Rd 1:00 Cards-500 "B" 6:30 Bingo "A-1" 	10:00 Stretch "A-3" 1:00 Cribbage "B" 7:00 Board Game Night "C"	4:15 Church Bus St. Charles-5:00 Mass 6:00 Arts/Crafts & Wine "C" Community Rm 