



2nd- Jean K.  
 5th- Shirley A.  
 7th- Carol L.  
 9th- Bev C.  
 24th- Franni M.  
 27th -Winnie M.  
 31st- Connie B.



The Arbors  
 of White Bear Lake

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**Thursday**                      **Friday**                      **Saturday**

<p>1</p> <p>10:25 Newtrax                  11:00 Book Club                  1:00 Movie                   2:00 Chat &amp; Color                  4:00 Arbors Hour                  7:00 Bingo</p>	<p>2</p> <p>10:00 Knotty Girls                  11:00 Walk to Cup &amp; Cone                  6:30 Cards Hand &amp; Foot</p> <p style="text-align: center;"></p>	<p>3</p> <p>11:00 Chat and Color                  1:00 Cards- May I                  4:00 Arbors Hour                  7:00 Card Game-                  Help Your Neighbor</p>
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**Sunday**                      **Monday**                      **Tuesday**                      **Wednesday**

<p>4</p> <p></p>	<p>5</p> <p><i>The Arbors office will be closed in observance of Independence Day!</i></p>	<p>6</p> <p>10:15- Newtrax/Cub  <b>11 &amp; 12:15 Gentle Yoga</b>                  1:00 Armchair Travel                  3:00 Bingo                  4:30 Arbors Hour                  7:00 Cards 500</p>	<p>7</p> <p>8:30 Coffee Bar  <b>10:00 Grocery Bus</b>                  11:00 Cribbage                  1:00 Bridge   <b>6:00 S'mores!</b>                  7:00 Cards 3-13</p>	<p>8</p> <p>10:25 Newtrax                  10:30 Don's Book Talk                  1:00 Movie                  2:00 Chat &amp; Color                  4:00 Arbors Hour                  7:00 Bingo</p>	<p>9</p> <p>9:00 Walk to Farmers Mkt.                    10:00 Resident Meeting                  6:30 Cards Hand &amp; Foot</p>	<p>10</p> <p>10:00 Walk to Farmers Mkt.                  11:00 Chat and Color                  1:00 Cards- May I                  4:00 Arbors Hour                  7:00 Card Game-                  Help Your Neighbor</p>
<p>11</p> <p>1:00 Shuffleboard                  2:00 Cribbage                  4:00 Cards 500                  6:00 Dominos </p>	<p>12</p> <p>11:00 EBChurch Service                  11:30 Walk to Cup &amp; Cone                  1:00 Bible Study                  3:00 Read Aloud                  6:30 Cards Hand &amp; Foot</p>	<p>13</p> <p>10:00 Guest Speaker  <i>Mental Health Wellness</i>  <b>11 &amp; 12:15 Gentle Yoga</b>                  1:00 Documentary                  3:00 Bingo                   4:30 Arbors Hour                  7:00 Cards 500</p>	<p>14</p> <p>8:30 Coffee Bar  <b>10:00 Grocery Bus</b>                  11:00 Cribbage                  1:00 Bridge                  7:00 Cards 3-13</p>	<p>15</p> <p>10:25 Newtrax  <b>12:00 Lunch Bunch</b>                  2:00 Chat &amp; Color  <b>3:00 Birthday Cupcakes</b>                  4:00 Arbors Hour                  7:00 Bingo</p>	<p>16</p> <p>9:00 Walk to Farmers Mkt.                  9:00 Fire Alarm Testing                  10:00 Knotty Girls  <b>2:00 Live Music</b>   <i>Patrick Allen</i>                  6:30 Cards Hand &amp; Foot</p>	<p>17</p> <p>11:00 Chat and Color                  1:00 Cards- May I                  4:00 Arbors Hour                  7:00 Card Game-                  Help Your Neighbor</p>
<p>18</p> <p>11:30 Walk to Cup and Cone!                  1:00 Shuffleboard                  2:00 Cribbage                  4:00 Cards 500                  6:00 Dominos</p>	<p>19</p> <p>11:00 EBChurch Service                  1:00 Bible Study                  1:00 Podiatry                   3:00 Read Aloud                  6:30 Cards Hand &amp; Foot</p>	<p>20</p> <p>10:15- Newtrax/Cub                  11 &amp; 12:15 Gentle Yoga  <b>12:00 Lunch Out!</b>  <i>House of Wong</i>                  3:00 Bingo                  4:30 Arbors Hour                  7:00 Cards 500</p>	<p>21</p> <p>8:30 Coffee Bar  <b>10:00 Grocery Bus</b>                  11:00 Cribbage                  1:00 Bridge  <b>5:00 L.N. Celebration</b>                  7:00 Cards 3-13</p>	<p>22</p> <p>10:25 Newtrax                  1:00 Movie                  2:00 Chat &amp; Color                  4:00 Arbors Hour                  7:00 Bingo </p>	<p>23</p> <p>9:00 Walk to Farmers Mkt.                  10:00 Knotty Girls                  11:00 Walk to Cup &amp; Cone                  6:30 Cards Hand &amp; Foot</p> <p style="text-align: center;"></p>	<p>24</p> <p>11:00 Chat and Color                  1:00 Cards- May I                  4:00 Arbors Hour                  7:00 Card Game-                  Help Your Neighbor</p>
<p>25</p> <p>1:00 Shuffleboard                  2:00 Cribbage                   4:00 Cards 50                   6:00 Dominos</p>	<p>26</p> <p>11:00 EBChurch Service                  11:30 Walk to Cup &amp; Cone                  1:00 Bible Study                  3:00 Read Aloud                  6:30 Cards Hand &amp; Foot</p>	<p>27</p> <p><b>11 &amp; 12:15 Gentle Yoga</b>                  1:00 Documentary                  3:00 Bingo                   4:30 Arbors Hour                  7:00 Cards 500</p>	<p>28</p> <p>8:30 Coffee Bar  <b>10:00 Grocery Bus</b>                  11:00 Cribbage                  1:00 Bridge                  7:00 Cards 3-13</p>	<p>29</p> <p>10:25 Newtrax                  1:00 Movie                  2:00 Chat &amp; Color                  4:00 Arbors Hour                  7:00 Bingo</p>	<p>30</p> <p>9:00 Walk to Farmers Mkt.  <b>9:00 Defensive Driving Refresher Course</b>                   10:00 Knotty Girls                  6:30 Cards Hand &amp; Foot</p>	<p>31</p> <p>11:00 Chat and Color                  1:00 Cards- May I                  4:00 Arbors Hour                  7:00 Card Game-                  Help Your Neighbor</p>