



The Arbors
of White Bear Lake



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		Tuesday		Wednesday		Thursday		Friday		Saturday				
		1	9:00 Morning Coffee 10:00 Newtrax 11:00 Yoga 3:00 Bingo 4:30 Arbors Hour	2	9:00 Morning Coffee 2:00 Movie The Magic of Belle Isle 4:00 Arbors Hour 6:30 Games	3	9:00 Morning Coffee 10:00 Newtrax 3:30 Communion 4:00 Arbors Hour 7:00 Bingo	4	9:00 Morning Coffee 10:00 Knotty Girls 11:00 Card Making 4:00 Arbors Hour 6:30 Cards-Hand & Foot	5	11:00 Chat and Color 1:00 Five Crowns 4:00 Arbors Hour 6:30 Card Game- Help Your Neighbor			
Sunday		Monday		8	9:00 Morning Coffee 10:00 Guest Speaker Author: Ellen Klein 2:00 Live Music Jo Bolles 4:30 Arbors Hour 6:30 Cards 500	9	9:00 Morning Coffee 10:00 Grocery Outing Hub, L&B, Goodwill & Culver's 4:00 Arbors Hour 6:30 Games	10	9:00 Morning Coffee 10:00 Newtrax 1:00 Trivia 3:30 Communion 4:00 Arbors Hour 7:00 Bingo	11	9:00 Morning Coffee 10:00 Resident Meeting 11:00 Card Making 1:00 Field Trip Pine Tree Apple Orchard 6:30 Cards-Hand & Foot	12	11:00 Chat and Color 1:00 Five Crowns 4:00 Arbors Hour 6:30 Card Game- Help Your Neighbor	
6 1:00 Shuffleboard 2:00 Phase 10 3:30 Skip-Bo 6:00 Dominoes 6:30 Games		7 Labor Day! 												
13 Grandparents Day! 2:00 Phase 10 3:30 Skip-Bo 6:00 Dominoes 6:30 Games		14 9:00 Morning Coffee 9:30 Fox Fitness Class 1:00 Bible Study 2:30 Cribbage 4:00 Arbors Hour 6:30 Cards-Hand & Foot		15 9:00 Morning Coffee 10:00 Newtrax 11:00 Yoga 12:30 Lunch Out Orchid Restaurant 6:30 Cards 500		16 9:00 Morning Coffee 10:00 Newtrax 11:00 Book Club 3:30 Communion 4:00 Arbors Hour 7:00 Bingo		17 9:00 Morning Coffee 10:00 Newtrax 11:00 Book Club 3:30 Communion 4:00 Arbors Hour 7:00 Bingo		18 9:00 Morning Coffee 10:00 Knotty Girls 11:00 Card Making 4:00 Arbors Hour 6:30 Cards-Hand & Foot		19 11:00 Chat and Color 1:00 Five Crowns 4:00 Arbors Hour 6:30 Card Game- Help Your Neighbor		
20 1:00 Shuffleboard 2:00 Phase 10 3:30 Skip-Bo 6:00 Dominoes 6:30 Games		21 9:00 Morning Coffee 9:00 Muffin Monday 2:30 Cribbage 1:00 Bible Study 6:30 Cards-Hand & Foot		22 9:00 Morning Coffee 11:00 Yoga 12:00 Shopping Trip! Portillo's & HomeGoods 4:30 Arbors Hour 6:30 Cards 500		23 9:00 Morning Coffee 10:00 Grocery Outing Hugo Festival/ Aldi 12:00 Flu Vaccine Clinic 1:00 Guest Speaker North Star Medical		24 9:00 Morning Coffee 10:00 Newtrax 1:00 Tasting Party 3:30 Communion 4:00 Arbors Hour 7:00 Bingo		25 9:00 Morning Coffee 10:00 Knotty Girls 11:00 Card Making 4:00 Arbors Hour 6:30 Cards-Hand & Foot		26 11:00 Chat and Color 1:00 Five Crowns 4:00 Arbors Hour 6:30 Card Game- Help Your Neighbor		
27 1:00 Shuffleboard 2:00 Phase 10 3:30 Skip-Bo 6:00 Dominoes 6:30 Games		28 9:00 Morning Coffee 9:30 Fox Fitness Class 11:00 EBC Service 1:00 Bible Study 4:00 Arbors Hour 6:30 Cards-Hand & Foot		29 9:00 Morning Coffee 11:00 Yoga 3:00 Bingo 4:30 Arbors Hour 6:30 Cards 500		30 9:00 Morning Coffee 4:00 Arbors Hour 4:30 Dinner Out Sal's Angus Grill 6:30 Games		Happy September Birthday! 1st Jan P. 4th Pat S. 5th Judy M. 10th Carla S. 13th Donna S. 16th Nancy S. 16th Therese M. 18th Nola R. 23rd Diane H. 23rd Bonni D.					28th Karen L. 28th Dick N. 30th Gil R.	
														