



Our mission is to go above and beyond our customer's expectations, by providing quality living environments that enhance our resident's lives physically, socially, and spiritually.

The Lang Nelson Experience Q3 2015

## The Lang Nelson Experience...Live it!

*The Experience is an informative insert that celebrates all of the value added services and advantages available to you. We appreciate our residents!*



### The Experience now includes Blaine Courts and Cloverleaf Courts!

It is with great pride that Lang Nelson welcomes the residents of Blaine Courts and Cloverleaf



Courts to the Lang Nelson Family. Both of these beautiful Blaine senior properties are the newest communities added to our award winning portfolio!



*At Lang Nelson, our mission is to "Go Above and Beyond our customer's expectations by providing quality living environments that enhance our resident's lives physically, socially and spiritually."*

Both of these communities already embrace these company fundamentals, and therefore Lang Nelson only hopes to support continual growth, while building relationships with the residents, their families, and everyone important to them and the greater community.

Like all of Lang Nelson's communities, the residents are the heart of the community. We take this very seriously, and look forward to getting to know each and every one who calls these communities home. Lang Nelson also looks forward to sharing the long list of company benefits, in Blaine and beyond, with all of the Lang Nelson residents, thus growing the Lang Nelson Experience.



**Blaine Courts: 763-784-7174 or email [bcmanager@lanel.com](mailto:bcmanager@lanel.com)**

**Cloverleaf Courts: 763-784-0063 or email [clmanager@lanel.com](mailto:clmanager@lanel.com)**

### The Lang Nelson Nurse Liaison Program, Another Reason to Live The Experience!

#### 'Nurse Liaison Program'

**Living within a Lang Nelson Community allows you, our independent residents, ease of knowing that you have an advocate when you**



**need one!** The Lang Nelson 'Healthy at Home' philosophy promotes living a healthy and safe lifestyle within your current Lang Nelson Community. We work to be a resource for you, and an advocate for services being delivered to you, should you have a medical change.

Our Nurse Liaison Program will help you with:

- Following a planned or emergency hospitalization or rehabilitation stay, we will arrange for a Lang Nelson Home Health Care Partner to provide homemaking or health care services within your current home.

- If you need a little help with everyday things, such as homemaking and laundry, companion service, transportation to medical appointments, meal preparation; or all the way up to medication management, personal cares, skilled nursing care, physical and occupational therapy, and hospice, we are here to guide you through the maze.
- Information regarding Assisted Living options throughout the Twin Cities. Helping you navigate the questions you may have and celebrating the opportunities available to you within our company and communities.

This fantastic program, in partnership with River Oaks of Anoka and The Legacy of St Anthony Communities, pairs our Lang Nelson Independent Communities with a licensed professional to provide you a referral system and progression to getting the answers you need!

To participate in this wonderful program, please sign up in your rental office or email us at [info@lanel.com](mailto:info@lanel.com).

Stay Healthy and Live Well!

### Time to get physical

With the favorable weather summer brings, it allows Lang Nelson to showcase the physical product the residents and our company takes such pride in. It also provides the opportunity to enhance certain areas that we may not be able to during the seasonally harsh months. Although the list of projects is beyond what we can list, it helps specify the company's commitment to physically enhance the lives of our residents.



We often first take notice when there are changes to a community, specifically physical additions or subtractions. Although, we request that you stop and smell the flowers too. It is with great pride that Lang Nelson can say that our landscaping and grounds are second to none. Gardens are planted, and parking lots have been cleaned, swept, and striped. Pool areas have been cleaned, repainted, and are now open to enjoy. Lang Nelson's professional construction crew continues to build decks, patios, and places for our residents and friends to celebrate the season. This talented crew is also taking on the responsibility of a



few community additions, enlarging the community space for our residents. Therefore, invite your friends and families to share your home and community with you, for all are very important people.

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# The Lang Nelson Experience... Live it!

## Beat the heat, with summer fun!

In Minnesota the summer is a time to celebrate and bask in the glorious weather, doing the things we can only dream of while buried under a frigid blanket of snow. Whether you travel north, to the farmers market, the sports field, your favorite fishing hole, or one's backyard, Minnesotans do it with gusto and usually with those they enjoy most. Though one thing is for certain, the summer is never long enough.



the sun and fun.

Additionally, we have taken upon ourselves to list a few highlights of the summer. Reviewing the list may just help you fill that open date in your calendar or spur you to call your family or friend and tell them to meet you and help celebrate.



## Local Independence Day celebrations & fireworks:

- **Anoka:** On Friday, July 3, the city will host its 18th annual fireworks display beginning at dusk. The best viewing is from Castle Field (near Anoka High School) at 4001-7th Ave. On Saturday, July 4, join us for the Ice Cream Social at George Green Park, 1498 6th Ave., from Noon-3 p.m.
- **Blaine:** July 4th Flag-raising ceremony at 8:30 a.m. at Blaine City Hall and fireworks at 10 p.m. at the National Sports Center (1700 150th Ave NE)
- **Coon Rapids:** Date: Fireworks on July 4th at 10pm, at the Sand Creek Athletic Field and Park (1008 Northdale Blvd. NW, Coon Rapids, Minn.). Also features a carnival, craft and craft show, live music and parade.
- **St. Louis Park:** Fireworks at Aquila Park are a St. Louis Park tradition! Concessions, vendors and a special performance by Stevie and the Table Rockers (rock-n-roll music) will be at the park, 7 p.m. – 9:30 p.m. Fireworks begin at approximately 10 p.m. Although leashed dogs are allowed in our parks, we strongly discourage them from attending due to their hearing sensitivity. Saturday, July 4 (rain date is Sunday, July 5) Aquila Park, 3110 Xylon Ave. S.
- **White Bear Lake:** 4th of July Fireworks, Flyover & Music at Memorial Beach 8:00 p.m. Music starts • 8:30 p.m. Flyover with four T-6 planes • 10:00 p.m. Fireworks • Memorial Beach. Music by Shoreview Northern Lights Variety Band, followed by amazing fireworks display over White Bear Lake. In case of rain, fireworks will be July 5th. Free.
- **Red White & Boom,** "Consider this the be-all end-all of everything that is, was and will be for your 4th of July in Minneapolis in 2015." 10:00pm - Fireworks, Minneapolis Riverfront District



\* Red, White and Boom is the recommended celebration for those cities not celebrating anything locally within their own.



## Local Farmers Markets

**Anoka:** 420 Main St., Anoka MN 55303. Opens July 16. Thursdays, 3 p.m. - 7 p.m.

**Blaine:** 707 89th Ave. N. Blaine, MN 55434. Opens May 2, 2015. Saturdays, 7 a.m. - 12 p.m.

**Brooklyn Park:** Zane Sports Park, 8717 Zane Ave. N., Brooklyn Park, MN. Wednesdays, 3 - 7 PM

**Coon Rapids:** Coon Rapids Ice Center, 11000 Crooked Lake Blvd. Wednesdays from 3 to 6 p.m. beginning July 15th

**Crystal/ New Hope:** Opening Day June 20th, 2015, 8am-1pm, 8701 N 36th Ave., New Hope, MN

**Minneapolis:** 312 East Lyndale Ave, Minneapolis, MN. Opens April 25, 2015. Everyday 7 a.m. - 12 p.m.

**St. Anthony:** 2614 Hwy 88, St Anthony, MN 55418 July - October Monday's 3:00 PM to 7:00 PM

**St. Louis Park:** At the West End and Rec Center Plaza, 1621 West End Blvd. St. Louis Park, MN. Wednesday 11 am – 4 pm, (No Market on July 4th)

**St. Paul:** 290 E 5th St. St. Paul, 55101. Saturdays, 6 a.m. - 1 p.m.; Sundays, 8 am - 1 pm

**White Bear Lake:** Washington Ave. b/w 3rd and 4th Street, White Bear Lake, MN. Fridays, 8 am -12 pm

**Night to Unite,** also known as **National Night Out,** is scheduled for Tuesday, August 4th.



## Minnesota State Fair Discount Special Dates:

### THRIFTY THURSDAY (Aug. 27)

- Adults (13-64) & Seniors (65+): \$11
- Kids (5-12): \$8

### SENIORS & KIDS DAY (Monday, Aug. 31)

- Adults (13-64): \$13
- Seniors (65+): \$8
- Kids (5-12): \$8

### MILITARY APPRECIATION DAY (Tuesday, Sept. 1)

- Adults (13-64): \$8\*
- Seniors (65+): \$8\*
- Kids (5-12): \$8\*

### READ & RIDE DAY (Wednesday, Sept. 2)

- Adults (13-64): \$11\*\*
- Seniors (65+): \$8\*\*
- Kids (5-12): \$8\*\*

### SENIORS DAY (Thursday, Sept. 3)

- Adults (13-64): \$13
- Seniors (65+): \$8
- Kids (5-12): \$11

### KIDS DAY (Labor Day, Monday, Sept. 7)

- Adults (13-64): \$13
- Seniors (65+): \$11
- Kids (5-12): \$8 Children under 5 years old are free

\* Discount applies to active military, retired military and veterans when they purchase a ticket at the gate and present valid documentation of military service

\*\* Discount applies to public library cardholders who purchase a ticket at the gate and present a valid library card. (One discount per card).



## Lang Nelson Service Commitments:

- We promise to exceed your expectations in every interaction
- We promise to build relationships that positively impact our community and company
- We promise to create memorable experiences

[www.facebook.com/langnelson](http://www.facebook.com/langnelson)